



Friday March 5th 2010

Classics Menu

Lunch

Salisbury Steak

White Rice

Gravy

Zucchini and Carrots

Dinner

Soft Taco Bar

Ground Beef

Mexican Rice

Refried Beans

Cheese

Lettuce, Tomatoes, Onions.

Salsa

Monday March 8th 2010

Classics Menu

Lunch

Teriyaki Chicken

Jasmine Rice

Vegetable Stir Fried

Gingered Green Beans

Eggrolls

Dinner

Chicken Parmesan

Spaghetti Noodles

Corn on the Cob

Peas and Carrots

Garlic Breadsticks



Tuesday March 9th 2010

Classics Menu

Lunch

Beef, Chicken and Vegetable Fajitas
Black Beans
White Rice
Grilled Vegetables

Dinner

Meatloaf
Mashed Potatoes
Gravy
Steamed Cauliflower and Broccoli
Steamed Mix Vegetables



Wednesday March 10th 2010

Classics Menu

Lunch

Golden Fried Catfish

Breaded Pollock

Tater Tots

Mix Steamed Vegetables

Creamy Cole-slaw

Dinner

Wing Bar

Hot, Teriyaki, Honey Mustard,
Sweet and Sour.

Fried Mozzarella Sticks.



Thursday March 11th 2010

Classics Menu

Lunch

Spaghetti alla Bolognese with Meatballs
Steamed Broccoli Crowns
Squash and Carrots Medley

Dinner

Beef and Vegetable Lasagna
Steamed Spinach
Mix Vegetables
Breadsticks